














# Native Perennials 2018

# Why Natives?

Natives have acclimated to our local growing conditions and can thrive in both wet and dry conditions. Plants that are indigenous to this area and acclimated to the growing conditions we find here in Southeastern North Carolina. Natives can also deal with the heat and humidity and do not require fertilizer or other soil amendments. Natives are low maintenance and support native butterflies, pollinators and birds. We have a wonderful selection of plants for you.

## Symbols and What They Mean

				
Full Sun	Part Sun	All Shade	Part Shade	Hummingbird favorite
				
Drought tolerant	Moderate watering	Water frequently	Pollinator friendly	Butterfly attractor
	Deer Resistant		Rabbit Resistant	

# American Boneset

## *Eupatorium perfoliatum*

- 4-6 ' H 3-4' W
- Herbaceous perennial
- Pink blooms from mid to late summer
- Medium to wet soil
- Small, fluffy, white flowers appear above the foliage in late summer to fall
- The stem appears to be growing through the leaf





# Aster 'October Skies'

## *Symphyotrichum oblongifolium* 'October Skies'

- 2-3' H 2-3' W
- Perennial slowly spreading with aromatic foliage
- Small, daisy-like flowers (to 1" across) with blue to blue-purple rays and yellow center
- Blooms in profusion in fall
- Flowers are attractive to butterflies and insects
- 2000 NC Wildflower of Year



# Rosemallow, Crimson eyed

## *Hibiscus moscheutos*

- 3-7' H 3-4' W
- Perennial
- Dark green foliage with numerous huge, 4-5" flowers in pink, red and white shades
- Flowers last only one day but persist all season
- Blooms summer
- Insects like the Eastern Tiger Swallowtail in the photo above are enticed to visit Swamp Rose Mallow's flowers for the nectar accessible through slits at the base of the flower
- Bees visit to harvest the abundant pollen the flowers offer
- Seeds are a fall and winter source of food for birds





# Beardtongue 'Dark Towers'

## *Penstemon 'Dark Towers'*

- 1.5-3' H 2' W
- Pink flowers and dark wine-red foliage
- Easily grown in average, dry to medium, well-drained soils
- Plants have some tolerance for drought, heat and humidity
- Avoid wet, poorly-drained soils
- Remove spent flowering racemes to prolong bloom



# Mexican Beardtongue

## *Penstemon x mexicali*

- 1.5 - 3' H 2' W
- Easily grown in average, dry to medium, well-drained soils
- Plants have some tolerance for drought, heat and humidity
- Avoid wet, poorly-drained soils
- Remove spent flowering racemes to prolong bloom





# Smooth White Beardtongue

## *Penstemon digitalis*

- 18"- 3' H 2' W
- Semi-evergreen
- Easily grown in average, dry to medium, well-drained soils
- Avoid wet, poorly-drained soils
- Clusters of white, tubular, unevenly five-lobed flowers



# Bee Balm 'Claire Grace'

## *Monarda fistulas*

- 3 – 4' H 2 – 3' W
- Aka Wild Bergamot
- Herbaceous perennial
- Fragrant lavender blooms in Summer
- Prefers rich humus soils
- Mildew resistant in hot climates
- Attracts pollinators





# Bee Balm 'Jacob Cline'

## *Monarda didyma* 'Jacob Cline'

- 3-5' H 2' W
- Native perennial
- Red 2 inch flower starting in summer
- Dark-green, fragrant foliage
- Upright clumping habit
- Resistant to powdery mildew
- Tartly fragrant





# Black Eyed Susan

## *Rudbeckia fulgida* 'Goldstrum'

- 24" H 24"W
- Blooms late Summer into Fall
- Each bloom may last 2 weeks
- Well drained soil
- Heat and humidity tolerant
- Seed heads provide winter food for seed-eating songbirds



# Black-Eyed Susan

## *Rudbeckia Hirta*

- 2-3' H 2' W
- Often grown as an annual
- Flowers in many warm-toned colors: yellow, gold, orange, russet, and mahogany
- Some have bands of color intermixed
- The single varieties all have a large black or brown center, contrasting with the color surrounding it





# Butterfly Milkweed

## *Asclepias tuberosa*

- 1-3' H 1' W
- Blooms orange - red in summer
- Perennial
- Well drained soil
- Larval food source for the Monarch, Queens, Grey Hairstreak butterflies
- Slow to emerge in Spring

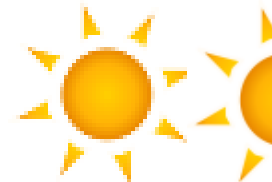




# Woodson's Swamp Milkweed

## *Asclepias Incarnata spp pulchra*

- 2-4' H 2' W
- Consistently moist soil
- Perennial that attracts butterflies of all kinds
- Feeds Monarch larvae and butterflies
- Deep pink blooms mid summer
- Grown from NC seed



# Common Milkweed

## *Asclepias syriaca*

- 3-6 ' H 1' W
- Perennial with unbranched stem
- Produces a profusion of lavender to pink flowers in midsummer
- Monarch butterfly host plant
- Best Milkweed to naturalize disturbed soils





# Cinnamon Fern

## *Osmundastrum cinnamomeum*

- 2-3' H 2-3' W
- Deciduous fern
- Medium to wet humus rich soils
- 'Fiddleheads' emerge from the base of the plant and unfurl into large, erect, fronds which remain attractive throughout the summer and turn yellow in autumn.





# Southern Lady Fern

## *Athyrium asplenoides*

- 1-3' H 1-2.5' W
- Deciduous fern
- Light green fiddleheads in Spring
- Shelter from wind
- Found in rich moist acidic soils in semi-shade woods, thickets, fields, meadows
- Use in large-scale, eastern woodland landscapes
- Low maintenance



# Blanket Flower

## *Gaillardia grandiflora* 'Arizona Sun'

- 12" H 24"W
- Perennial
- Fiery-red flowers edged with a ring of yellow
- Long bloom season summer into fall
- High drought tolerance
- Full to part sun
- Attracts birds, butterflies, bees





# Blanket Flower

## *Gaillardia Sunrita 'Burgundy Picotee'*

- 14-18" H 14-18" W
- Well branched perennial
- Thrives in poor sandy soils
- Large brightly colored blooms from summer into fall
- High drought tolerance





# Blanket Flower 'Golden Yellow'

## *Gaillardia Sunrita 'Golden Yellow'*

- 18" H 18"W
- Long blooming Perennial in summer
- Golden yellow flowers
- Removing faded flowers will greatly extend the blooming season
- Outstanding for edging, borders, rock gardens or containers
- Plants should be divided in early spring every 2 to 3 years
- High drought tolerance



# Coneflower 'Cheyenne Spirit'

## *Echinacea 'Cheyenne Spirit'*

- 2 ½' H 2' W
- Herbaceous perennial
- White, cream, red, pink, orange, yellow or purple ray flowers with brown disks
- Blooms from Summer to Fall
- Well drained soil
- Seeds for birds





# Purple Coneflower

## *Echinacea purpurea*

- 2-4' H 18-24" W
- Perennial
- Dry /medium soil
- Long lasting blooms in summer a top long stems
- Seeds provide food source for birds



# Coneflower Salsa Red

## *Echinacea Sombbrero Salsa Red*

- 24-26" H 16-22" W
- Herbaceous perennial
- Soil should be kept evenly moist
- Normal, sandy or clay
- Drought and heat tolerant, once established
- Well-branched, sturdy and compact plants with a high bud count, large, single flowers with hot, red overlapping petals surrounding a large brown cone
- Perennial blooms late Spring through Summer





# Sunfire Coreopsis

## *Coreopsis grandiflora* 'Sunfire'

- H 18-24" W 20"
- Herbaceous perennial
- Golden flowers with large, maroon centers make a statement in a perennial bed
- Performs well in hot, dry conditions
- Humidity tolerant
- Blooms from mid-summer to early fall
- Divide every 2 or 3 years



# Coreopsis 'Curry Up'

## *Coreopsis verticillata* 'Curry Up'

- 15-18" H 22-26" W
- Herbaceous perennial
- Yellow flowers with red centers on threadlike foliage
- Performs well in hot, dry conditions
- Humidity tolerant
- Blooms from mid-summer to early fall
- Mound shaped
- Divide every 2 or 3 years





# Coreopsis 'Green and Bronze'

## *Coreopsis Up Tick Gold and Bronze*

- 12-14" H 12-14" W
- Herbaceous perennial
- A new series from Darwin Perennials that boasts larger flowers and a longer blooming season
- Golden yellow flowers with bronze red centers
- Performs well in hot, dry conditions
- Humidity tolerant
- Blooms summer
- Mound shaped
- Divide every 2 or 3 years



# Coreopsis 'Hot Paprika'

## *Coreopsis verticillata* 'Hot Paprika'

- 18" H 18" W
- Herbaceous perennial
- Deep red 1.5" flowers and threadleaf foliage
- Performs well in hot, dry conditions
- Humidity tolerant
- Mid-summer blooms
- Mound shaped
- Divide every 2 or 3 years





# Coreopsis 'Jethro Tull'

## *Coreopsis x. 'Jethro Tull'*

- 12-18" H 18-24" W
- Herbaceous perennial
- A cross between 'Zamphir' and 'Early Sunrise', it has broader fluted petals
- Compact habit and an extended flowering season
- Responds beautifully to cutting back
- Golden yellow fluted flowers
- Performs well in hot, dry conditions
- Humidity tolerant
- Blooms summer; mound shaped
- Divide every 2 or 3 years



# Coral Bean

## *Erythrina herbacea*

- To 6' H 15" W
- Deciduous perennial with prickly side branches
- Scarlet upright spikes of showy, tubular flowers
- Thrives in poor sandy soils
- High drought tolerance once established





# Verbena Homestead Purple

## *Verbena canadensis* 'Homestead Purple'

- 6" H 12-24" trailing
- Showy, intense purple flowers
- Grows in wet or dry soils
- Heat and drought tolerant
- Water frequently until well established
- Thrives in sunny sites with average to dry well drained soil
- Plants tolerate shallow rocky, sandy, loamy or clay soils.



# Coral Bells 'Silver Scrolls'

## *Heuchera 'Silver Scrolls'*

- 12-18 "H 12"W
- White blooms in Spring
- May and June it produces pink buds on 24" stems which open to white flowers
- Clump forming foliage is silver flushed with burgundy, but as the season progresses, it becomes almost silver and black
- Humus rich well drained soil
- Edging plant or ground cover





# Goat's Beard

## *Aruncus dioicus*

- 3-5' H 6' W
- Herbaceous perennial
- Blooms are creamy white in May-June
- Male and female flowers on different plants
- Handsome, clump-forming plant with attractive plume-like spikes of small creamy-white flowers
- Likes damp, fertile soil



# Goldenrod 'Fireworks'

## *Solidago rugosa* 'Fireworks'

- 3-4' H 3' W
- Blooms late summer through Fall
- Clumping perennial with cascading flowers that look like exploding fireworks
- Dryer soils





# White Turtle Head

## *Chelone galbra*

- 1-4' H 1.5 - 2.5' W
- Herbaceous perennial
- Showy white blooms starting Summer on top of shiny foliage
- Tolerates wet soil
- Good in rain gardens
- Host for Baltimore Checkerspot Butterfly



# Green and Gold

## *Chrysogonum virginianum* var. *australe*

- 6" H 12" W
- Perennial woodland groundcover
- Semi-evergreen
- Starts blooming in the Spring for many weeks
- Yellow daisy like flowers
- Consistently moist acidic soil





# Green and Gold 'Allen Bush'

## *Chrysogonum virginianum*

- 6" H 12" W
- Perennial woodland groundcover
- Semi-evergreen
- More compact than straight species
- Starts blooming in the Spring for many weeks
- Yellow daisy like flowers
- Consistently moist acidic soil



# Hearts-a-Burstin / Strawberry Bush

## *Euonymus americanus*

- 4-6' H 4-6' W
- Perennial
- Small shrub with green stems and tiny, inconspicuous flowers
- Red fruits that look like strawberries bursting out of their red coats in Fall
- Blooms spring
- Leaves turn red in Fall
- Fruit is popular with birds





# Iron Butterfly 'Ironweed'

## *Vernonia lettermannii*

- 30-36" H 30-36" W
- Narrow leaf Ironweed
- Herbaceous perennial
- Masses of tiny, true purple flowers with delicate green foliage
- Very tolerant of rough, sandy, infertile, dry soils
- Blooms late Summer -Fall



# Joe Pye Weed 'Gateway'

## *Eupatorium maculatum* 'Gateway'

- 5-6 ' H 3-5' W
- Pink blooms from mid to late summer
- Statuesque perennial with enormous dusty-pink flowers that attracts multitudes of butterflies.
- More compact in habit than the species





# 'Little Joe' Joe Pye Weed

*Eupatorium dubium*

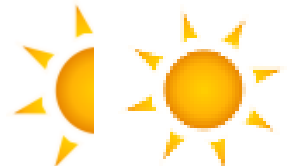
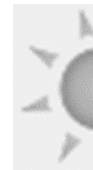
- 3-4 ' H 1' W
- Light pink blooms in summer
- Dwarf species of Joe-Pye weed
- Tolerant of light shade.
- Stems are clothed with whorls of green leaves and topped in midsummer with dome-shaped heads of lavender flowers



# Obedient Plant or False Dragonhead

## *Physostegia virginiana*

- 36" H 20" W
- Light pink snapdragon like flowers with square stem
- Blooms in Summer
- Moist humus rich soil
- Called 'Obedient Plant' because each individual flower will, upon being pushed in any one direction, temporarily remain in the new position as if it were hinged.





# Phlox 'Peacock White'

## *Phlox paniculata* 'Peacock White'

- 18-24" H 18-24" W
- Rich fragrance re-blooms after dead-heading
- Herbaceous perennial
- Salt tolerant
- Disease & pest resistant
- Late Spring / Early Summer
- Well drained soil
- Deer generally avoid



# Phlox 'Jeana'

## *Phlox paniculata 'Jeana'*

- 4' H 2-3'W
- Herbaceous Perennial
- Fragrant tubular lavender pink flowers late Summer to Fall
- Outstanding mildew resistance
- Does best with some shade in hot afternoon
- Well drained moist soil





# Short-toothed Mountain Mint

## *Pycnanthemum muticum*

- 1 – 3' H 1 – 3' W
- Herbaceous perennial
- Showy blooms from July - Sept.
- Leaves have strong spearmint aroma when crushed
- Moist to medium moisture, well drained soil
- Somewhat drought tolerant
- One of the best nectar sources for native butterflies



# Oxeye Sunflower / False Sunflower

## *Heliopsis helianthoides*

- 3-6' ' H 2-4' W
- Herbaceous perennial
- Blooms Summer
- Tolerates sandy soil / clay
- Cut back stems in Spring to reduce height
- Clump-forming, sunflower-like, with yellow-orange rays and brown centers on stiff stems





# Sneezeweed

## *Helenium autumnale*

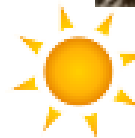
- 2-5 ' H 3-4' W
- Herbaceous perennial
- A winged stem bearing yellow, orange or reddish daisy-like flower heads late Summer to Fall
- Medium to wet soil, excellent in rain gardens or along banks
- Cut back early summer to force side shoots and limit height



# Willowleaf Sunflower 'Low Down'

## *Helianthus salicifolius*, 'Low Down'

- 12-18" H 24-30"W
- Herbaceous perennial
- Yellow rays with dark brown center flowerheads on erect stems with pale drooping light green leaves
- Blooms late Summer to Fall
- Once Fall arrives, the plants are completely covered with golden-yellow flowers
- Drought tolerant once established





# Compass Plant

## *Silphium laciniatum*

- Up to 8' H
- Taller with rich, moist soil
- With right conditions, can live to 100 yrs
- Sunflower looking yellow blooms in summer
- Compass Plant name comes from the observation that the leaves have a tendency to orient themselves on a north-south axis
- Prairie plant that small mammals and bird use for seed



# Gay Feather 'Kobold'

## *Liatris spicata* 'Kobold'

- 18-24" H 12-18" W
- Perennial with slender wands of tightly-clustered, star-shaped purple flowers in summer
- Foliage is tufts of narrow, bright green blades does not need staking
- Prefers moist well drained soil
- Native to moist low grounds, meadows and marsh margins





# Spotted Bee Balm

## *Monarda punctata*

- 3-4'H 2-3' W
- Herbaceous perennial
- Fragrant flowers, yellow with purple spots - June – July
- Prefers rich hummus
- Allow good air circulation to combat fungal leaf diseases
- Attracts pollinators



# Stokes Aster

## *Stokesia laevis* 'Peachie's Pick'

- 12-18" H To 20"W
- Herbaceous evergreen perennial
- Blooms starting Summer
- Neat dwarf plant with strong cornflower blue
- Semi-evergreen
- Moist well drained soil
- Features fluffy, cornflower-like blue flower
- 2- 3" daisy like flower

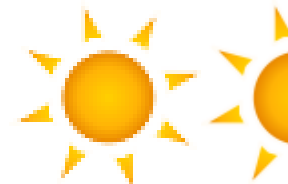




# Swamp Milkweed

## *Asclepias Incarnata*

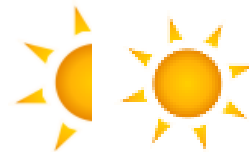
- 4'H 2-3' W
- Herbaceous perennial
- Moist / muddy soil
- Rose purple fragrant flowers starting early summer
- Narrow lance shaped leaves
- Larval host for Monarch and Queen butterflies
- Collect seeds Oct-Nov



# Three-lobed Coneflower or Brown-eyed Susan

## *Rudbeckia triloba*

- 2-3 ' H 12-18" W
- Yellow blooms starting late Summer to early Fall
- Bushy, free-flowering, 2-3' (to 5') tall biennial or short-lived perennial
- Masses of 1-2" wide, daisy-like, golden-yellow flowers with flat, purplish-brown centers on hairy stems
- Host for Gorgone Checkerspot and Bordered Patch butterfly

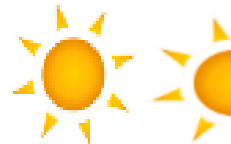




# White Wild Indigo

## *Baptisia alba*

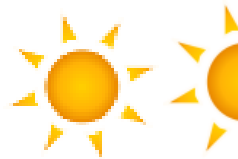
- 2-4' H 2-3'W
- Perennial
- White pea-like flowers blooming April -May
- Well drained soil
- Seed pods provide Fall interest
- Host for Wild Indigo Dusky Wing and Frosted Elfin butterflies



# Wild Blue Indigo

## *Baptisia Australis*

- 2-5' H 3' W
- Well drained moist soils
- Perennial, long lived deep rooted
- Blooms April-May with blue/purple pea-like blossoms
- Larval host to Wild Indigo Duskywing butterflies and more
- Heat and humidity tolerant





# Woodland Phlox 'Blue Moon'

## *Phlox divaricata* 'Blue Moon'

- 12-18" H 8-12" W
- Herbaceous perennial
- Blooms are showy, fragrant, deep violet-blue flowers in Spring
- Ground cover or naturalize
- Prefers humus rich moist soil
- Somewhat deer resistant
- Not rabbit resistant



# Phlox 'Pink'

## *Phlox paniculata* 'Pink'

- 18-24" H 18-24" W
- Rich fragrance re-blooms after dead-heading
- Herbaceous perennial
- Salt tolerant
- Disease & pest resistant
- Late Spring / Early Summer
- Well drained soil
- Deer generally avoid

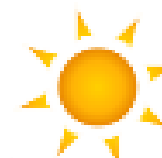




# Cardinal Flower

## *Lobelia cardinalis*

- 3'H slender perennial
- Showy red blooms
- Attractive at the edge of a woodland garden
- Blooms early Aug.–Sept.
- Moist to wet soil
- Found in moist meadows, thickets, along banks of streams
- Attracts Checkered White butterfly
- The nectar of the flowers attracts the Ruby-Throated Hummingbird and various Swallowtail butterflies



# Arrow Arum

## *Peltandra virginica*

- 1.5 – 2' H 1.5 – 2' W
- Aquatic emergent herbaceous perennial
- Showy greenish-white/yellow blooms April - June
- Distributed in wetlands, bogs, freshwater tidal marshes
- Use as water plant, or rain garden. Tolerates heavy shade
- Requires wet soil. Easy grown in standing water 6" deep in full sun to part shade





# Pickereel

## *Pontederia cordata*

- 3.5' H with 7" long leaf blades that arise from below ground
- Long terminal violet flower spikes - 3-4
- Herbaceous perennial
- Grows along edges of lakes, ponds and streams and can tolerate water up to maximum water depth 30"
- It's been around long enough to have its own bee for pollination, the Dufourea, which visits this plant for nectar and pollen and does not visit any other plant
- Several ducks also eat the seeds including Mallard, Black Duck, Green-Winged Teal, and Wood Duck



# Duck Potato / Arrowhead Plant

## *Sagittaria latifolia*

- Rising 3'H above water level
- Colony forming aquatic perennial
- Large lance-shaped leaves
- In mud, rhizomes produce starchy tubers, utilized by ducks, muskrats and snapping turtles and known as duck potatoes
- Small white blooms in Summer
- Not salt-tolerant





# Southern Blue Flag Iris

## *Iris virginica*

- 1-3' H 1-3' W
- Perennial
- Medium to wet soil in full sun
- Excellent plant for waters edge or Rain Garden
- Leafless flower stalks bear 2-6 flowers
- Violet blue with yellow and white crested falls
- Blooms late Spring



# Pink Muhly Grass

## *Muhlenbergia capillaries*

- 3' H 3' W
- Perennial ornamental grass
- Very drought tolerant
- Well drained and sandy soils
- Looks best planted in mass
- Bloom time late Fall





# Blue Switch Grass

## *Panicum virgatum* 'Heavy Metal'

- H 4-6' W 2-3'
- Herbaceous grass
- Dense clumping grass with striking grayed blue-green foliage
- Blends well with other cool-toned flowers and foliage in mixed borders
- Airy pink-hued seed heads appear late summer to early fall providing food for birds



# Coral Honeysuckle 'Major Wheeler'

*Lonicera sempervirens*

- 3-12' H 1-2' W
- Well drained soil
- The trumpet shaped blooms cover this deciduous vine as it twines up a fence or trellis
- Drought, heat and humidity tolerant
- Blazing red and gold blooms
- Hummingbird magnet

